

Santa Ana Skin Care

FOR LASER AND LIGHT BASED HAIR REDUCTION

I hereby authorize Dr. _____ or _____, under Dr. _____'s supervision to perform light based hair reduction on me. I understand that this procedure works on the growing hairs (anagen) and not on dormant hairs. I understand that I will require several treatments to obtain a significant, long-term reduction of hair growth. I understand I may experience fewer, thinner, lighter, slower re-growth of hairs, temporary hair loss or permanent hair reduction. I understand that it is only effective on hair with color and does not treat white, grey, blond, or red hair. I understand that genetics, hormones, medication and hair color may interfere with hair loss and that I may not respond at all.

The procedure may result in the following adverse experiences or risks:

- DISCOMFORT – Some discomfort may be experienced during treatment.
- REDNESS/SWELLING/BRUISING – Short term redness (erythema) or swelling (edema) of the treated area is common and may occur. There also may be some bruising.
- SKIN COLOR CHANGES – During the healing process, there is a possibility that the treated area may become either lighter (hypopigmentation) or darker (hyperpigmentation) in color compared to the surrounding skin. This is usually temporary, but, on a rare occasion, it may be permanent.
- WOUNDS – Treatment can result in burning, blistering, or bleeding of the treated areas. If any of these occur, please call our office.
- INFECTION – Infection is a possibility whenever the skin surface is disrupted, although proper wound care should prevent this. If signs of infection develop, such as pain, heat, or surrounding redness, please call our office 505-954-4422.
- SCARRING – Scarring is a rare occurrence, but it is a possibility if the skin surface is disrupted. To minimize the chances of scarring, it is IMPORTANT that you follow all post-treatment instructions provided by your healthcare staff.
- PARADOXICAL HAIR GROWTH – Stimulation of terminal hair growth following photo-epilation. Can occur within or adjacent to treated area.
- EYE EXPOSURE – Protective eyewear (shields) will be provided to you during the treatment. Failure to wear eye shields during the entire treatment may cause severe and permanent eye damage.

I acknowledge the following points have been discussed with me:

- Potential benefits of the proposed procedure, including the possibility that the procedure may not work for me
- Alternative treatments such as electrolysis, waxing, plucking and depilatories
- Reasonably anticipated health consequences if the procedure is not performed
- Possible complications/risks involved with the proposed procedure and subsequent healing period

For women of childbearing age: By signing below I confirm that I am not pregnant and do not intend to become pregnant anytime during the course of treatment. Furthermore, I agree to keep Dr. _____ and staff informed should I become pregnant during the course of treatment.

Photographic documentation will be taken. I hereby do ___do not___ authorize the use of my photographs for teaching purposes.

ACKNOWLEDGMENT

BY MY SIGNATURE BELOW, I ACKNOWLEDGE THAT I HAVE READ AND FULLY UNDERSTAND THE CONTENTS OF THIS INFORMED CONSENT FOR LIGHT BASED HAIR REMOVAL TREATMENT, AND THAT I HAVE HAD ALL MY QUESTIONS ANSWERED TO MY SATISFACTION BY MY HEALTHCARE TEAM.

Signature-Patient or Guardian

Print Name/Relationship

Date

Signature-Witness

Print Name

Date

Santa Ana Skin Care Clinic

WHAT TO EXPECT AFTER LASER HAIR REMOVAL TREATMENT

- 1. Avoid bathing or washing with very hot water. Use tepid water.**
You may feel like you have a mild to moderate sunburn. Minor crusting or minor peeling of the surface layers of the skin is not unusual. Over the counter Hydrocortisone Cream and Aloe Vera Gel may help with redness or inflammation of your skin.
- 2. Keep the area clean. Wash gently.**
- 3. Avoid direct sun exposure after your treatment. If you do go in the sun, protect the treated area with a sunscreen of 30 SPF or higher.**
- 4. Do not shave the treated area for at least 4 days after treatment.**
Do not wax, pluck or use depilatories for the hair that grows back. After Laser treatment, hair may continue to grow out as if it were never even treated. Typically this will occur for about 2 weeks and then these hairs will simply begin to fall out.
- 5. Avoid any irritating medications or chemicals, particularly on the face 3-7 days pre and post procedure. Examples of these are Retin-A, Benzoyl peroxide, glycolic acid or astringents.**

**If you have any questions or concerns please feel free to call our
office at**

(505) 954-4422